

# AMÉLIE

## TEASERS

<b>STONE BAKED GARLIC BREAD (+£1 ADD MOZZARELLA) (V)</b>	£4.45
<b>MARINATED GORDAL OLIVES (VG) (GF)</b> Giant meaty olives (60g), extra virgin olive oil	£4.95
<b>FRENCH FRIES (GFA) (VG)</b> Mayo & ketchup	£3.95
<b>DIRTY FRIES</b> French fries topped with Bacon, spicy mayo, Gruyere cheese, spring onions, tomato salsa, chilli's, crispy onions	£6.75
<b>HUMMUS (GFA) (VG)</b> Chickpeas, coriander, smoked paprika, olive oil, tahini, crispy flatbread	£5.95

## SMALL PLATES

<b>ROASTED GARLIC KING PRAWNS (GFA)</b> Garlic butter (garlic, parsley, lemon & worchester sauce), grilled bread	£8.95
<b>CRISPY FRIED SQUID</b> Amelie's spicy mayo, lemon wedge	£7.25
<b>SPICY FRIED CHICKEN FILLET</b> Panko coated, sweet chilli, honey mustard mayo, rocket	£7.95
<b>PULLED BEEF BRISKET SANDWICH (LIKE A BURGER...BUT BETTER!)</b> Juicy slowcooked brisket, melted mature cheddar, horseradish mayo, coleslaw, jalapenos, gherkins	£9.45
<b>SARDINE BRUSCHETTA (GFA)</b> Grilled bread, tomato salsa, horseradish sauce, dijon mayo, preserved lemon, sardines in extra virgin olive oil	£6.95
<b>CHEESE CUSHIONS (V)</b> Melting mozzarella & ceddar cheese balls, rocket salad, honey mustard mayo	£6.95

## SALADS

<b>TOMATO &amp; FETA SALAD (V) (GF)</b> Cherry tomato, cucumber, crumbled feta, sliced onion, mint, chillies	£6.25
<b>GREEN SALAD (VG) (GF)</b> Extra virgin olive oil vinaigrette	£3.50
<b>COUSCOUS FREGOLA SALAD (V) (VGA)</b> Crumbled feta, roasted cherry tomatoes, chickpeas, spring onions, cucumber, coriander, mild chilli and extra virgin olive oil dressing	£6.25
<b>CHICKEN &amp; BACON SALAD</b> Roasted cherry tomatoes, streaky bacon, romaine lettuce, crispy buttered croutons, avocado, extra virgin olive oil	£10.25

## CHILDRENS MENU

KIDS EAT FREE - UP TO TWO CHILDREN PER ADULT\*

### CREATE YOUR OWN MINI FLAM-KUCHE!

£6.95 PER  
EXTRA  
CHILD

Choose between a rich tomato or crème fraîche base and select three of the following toppings: courgettes, mushrooms, cherry tomatoes, mozzarella, chicken, bacon, sausage, chorizo

Includes a soft drink and a scoop of ice cream!



\* WITH AN ORDER OF AT LEAST ONE FLAM-KUCHE PER ADULT

## DRINKS

### SMOOTHIES

PROTEIN SHAKES AVAILABLE TOO - ASK OUR TEAM WHAT WE HAVE AVAILABLE TODAY

MANGO, RASPBERRY & BLUEBERRY SMOOTHIE	£4.50
LEMONGRASS, BANANA, MANGO & KALE SMOOTHIE	£4.40
BANANA, BLACKBERRY & BLACKCURRANT SMOOTHIE	£4.40
STRAWBERRY, PEACH & PAPAYA SMOOTHIE	£4.50

### SOFT DRINKS

SAN PELLEGRINO BLOOD ORANGE	£2.10
SAN PELLEGRINO LEMON	£2.10
SAN PELLEGRINO ORANGE	£2.10
PASSION FRUIT ORGANIC LEMONAID	£2.95
LEMON & GINGER ORGANIC LEMONAID	£2.95
LIME ORGANIC LEMONAID	£2.95
SMARTWATER STILL/SPARKLING	£1.95
APPLE/ORANGE JUICE	£1.95
COCA COLA/COKE ZERO/SPRITE/FANTA/GINGER BEER (FREE REFILL)	£2.50

### HOT DRINKS



ESPRESSO/MACCHIATO (SINGLE OR DOUBLE)	£2.20/£2.75
AMERICANO	£2.75
FLAT WHITE / CAPPUCCINO / LATTE	£3.00
MOCHA	£3.20
HOT CHOCOLATE	£3.20
POT OF TEA (PLEASE ASK FOR OUR SELECTION)	£1.95

VEGETARIAN (V) VEGAN (VG) GLUTEN FREE (GF) GLUTEN FREE ALTERNATIVE AVAILABLE (GFA)  
VEGAN ALTERNATIVE (VGA)

Please let the waiter know if you have any food allergies or you would like to know the nutritional information of each of our dishes.

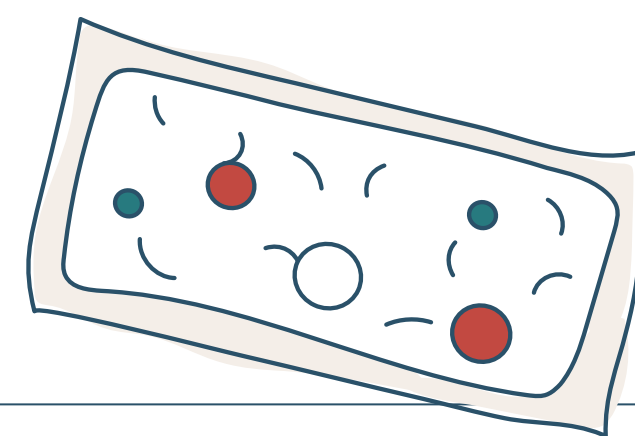
## THE "SKINNY PIZZA"

Flam-kuche (or "skinny pizza") is a thin, yeast-free dough base spread with crème fraîche and topped with a variety of ingredients.

<b>CHOOSE YOUR SAUCE:</b> (Gluten free bases and vegan cheese is available)	 SPICED CREAM SAUCE	 TOMATO SAUCE (VG)
--	---	--

## FLAM-KUCHE [flam-kush]

	SMALL	LARGE
<b>AUTHENTIC</b> Sliced onions, smoked bacon, Gruyère cheese	£8.95	£14.95
<b>MARGHERITA (V)</b> Mozzarella, parmesan, cherry tomatoes, basil	£8.95	£14.95
<b>GOAT'S CHEESE (V)</b> Caramelized onions, roasted pine nuts, goats cheese, beetroot, honey, rocket	£9.00	£15.40
<b>PARMA HAM PROSCIUTTO</b> Sliced onions, cherry tomatoes, capers, smoked bacon, Parmesan, thinly sliced parma ham, rocket	£10.95	£17.95
<b>MUSHROOM (V)</b> Sliced onions, field mushrooms, button mushrooms, mozzarella, pesto	£9.50	£16.50
<b>PULLED PORK SHOULDER</b> Sliced onions, smoked bacon, pulled pork shoulder, hoisin sauce, Gruyère cheese	£10.25	£16.95
<b>SALMON FILLET &amp; AVOCADO</b> Sliced onions, cherry tomatoes, capers, courgette, salmon fillet, avocado	£10.95	£17.95
<b>THREE CHEESE (V)</b> Sliced onions, Cashel blue cheese, Gruyère cheese, mozzarella, cherry tomatoes, pesto	£9.50	£16.50
<b>SLOW COOKED BEEF BRISKET</b> 24 hours slow cooked beef brisket, sliced onions, smoked bacon, roasted red peppers, Gruyère cheese, chillies	£10.95	£17.95
<b>CHORIZO &amp; MOZZARELLA</b> Sliced onions, chorizo, olives, mozzarella, parmesan, rocket	£9.50	£16.50



## DESSERTS

<b>APPLE &amp; CINNAMON (V)</b> Flam-kuche base, sweet cream, sliced apple, roasted almonds, cinnamon, vanilla ice cream	£8.95
<b>STICKY TOFFEE PUDDING (V)</b> Melted caramel sauce, vanilla ice cream	£6.95
<b>SICILIAN LEMON SPONGE (V)</b> Vanilla ice cream, red currents	£6.95
<b>CHOCOLATE BROWNIE (V, GF)</b> Vanilla ice cream, melted chocolate	£6.95
<b>TARTE TATIN (V)</b> Slow cooked upside down apple tart, vanilla ice cream	£6.95
<b>SCOOP OF ICE CREAM (V, GF)</b> Choose from: vanilla, chocolate, salted caramel, honey comb, Strawberry, mango sorbet (dairy free), vegan vanilla (dairy free)	PER SCOOP / £1.75

## BEERS & CIDER

NETHERGATE SUFFOLK GOLDEN ALE (4.2% VOL)	500ML	£4.75
KRONENBOURG 1664 LAGER (5.0% VOL)	275ML	£3.95
NETHERGATE SUFFOLK CRAFT LAGER (4.5% VOL)	330ML	£3.95
NETHERGATE SUFFOLK VENTURE (3.7% VOL)	500ML	£4.50
LEFFE BLONDE BELGIAN BEER (6.6% VOL)	330ML	£4.75
ALCOHOL FREE HEINEKEN (0.0% VOL)	330ML	£3.00
BOLD ENGLISH CIDER, NETHERGATE (5.4% VOL) (GF) (VG)	500ML	£4.75

## WINES

	17.5CL	25CL	75CL
<b>WHITE</b>			
MAKUTU, SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND	£8.95	£12.35	£32.95
LES TERRES SECRES, MACON BLANC CHARDONNAY, FRANCE	£9.50	£13.25	£34.95
LES ROULANTS WHITE (UGNI BLANC/COLOMBARD), FRANCE	£7.75	£9.75	£26.45
TURKHEIM, PINOT BLANC, ALSACE, FRANCE	£8.95	£12.50	£32.95

### ROSÉ

LES ROULANTS CABERNET SAUVIGNON ROSÉ, FRANCE	£7.75	£9.75	£26.45
--	-------	-------	--------

### RED

DOMAINE DU LUBIN CHUSCLAN, COTES DU RHONES, FRANCE	£9.50	£13.25	£34.95
VISTA SIERRA MALBEC, ARGENTINA	£8.50	£12.35	£29.95
LES ROULANTS RED (CARIGNAN/MERLOT), FRANCE	£7.75	£9.75	£26.45

### SPARKLING

TERRE DI GIULIO, PROSECCO, ITALY			£39.95
----------------------------------	--	--	--------

## MINI WINE BOTTLES

PROSECCO SPUMANTE LUNETTA, ITALY 20CL	£11.00
PINOT GRIGIO WHITE ANCORA, ITALY 19CL	£8.75
VISTAMAR BRISA RED MERLOT, CHILE 18.7CL	£6.00
WILDWOOD ZINFANDEL ROSÉ, CALIFORNIA 18.7CL	£6.00